

## Long Distance Consultations

Do you have a spine problem that seems to defy treatment or have you obtained a consultation that caused confusion? Have you failed a previous spine surgery? These problems are what this long-distance consultation is designed to remedy.

You make the first contact with us through “[NeckandBack.com](http://NeckandBack.com)” or the (888) 888-5310 or (970) 763-8571 numbers. You then fill out the history forms either for the [neck \(cervical\)](#) or the [lower back \(lumbar\)](#). You gather and send in to me all your records of previous consultations, operative reports (if you can get them) and all your images. Images include all MRIs, CT scans and especially X-rays on a DVD or CD disc.

Once all information is in, we schedule an initial phone visitation which will take anywhere from 25 to 45 minutes. I thoroughly go over your history of the disorder and take a deep dive into your current symptoms, what actions aggravate the symptoms and what helps to relieve the pain.

We discuss what prior activities you engaged in, how you are now limited and any treatment you might have undergone. I document the results of such treatments. I then go over your past medical history, medications and past surgeries.

I will then describe the anatomy of the spine and the changes that have occurred to potentially lead to your current symptoms. You will then be directed to the articles on my website “[NeckandBack.com](http://NeckandBack.com)” that are relevant to your disorder and treatment.

There can be follow-up phone visits that are necessary to help diagnose your disorder including further imaging, lab tests, diagnostic injection blocks or even new consultations that I would recommend. Reasonable

follow-ups are no charge where we can go over your new findings and then I can direct you to the proper treatment pathway.

Although there is no professional doctor/patient relationship developed through the long-distance consultation, (I can't write prescriptions or imaging scripts), your Family Doctor, Internist or consultant can write these scripts and commonly most do.

The fee for this service is \$500.00 which can be paid by credit card. Reasonable follow-ups are of no charge.